

National Dairy Council announces partnership with Cappagh National Orthopaedic Hospital

14th February 2017: The National Dairy Council (NDC) is delighted to announce a new partnership with Ireland's centre for excellence in Orthopaedics – Cappagh Hospital, through the work of the Cappagh Hospital Foundation. The partnership will involve the NDC and Cappagh working together across a number of activities to promote and raise awareness on the importance of maintaining a healthy balanced diet for optimum bone health.

Cappagh National Orthopaedic Hospital is Ireland's major centre for elective orthopaedic surgery. Cappagh has been the pioneer of orthopaedic surgery in Ireland and is now the biggest dedicated orthopaedic hospital in the country. Over twenty thousand patients annually avail of the hospital's services as in-patients, day patients and out-patients. The full range of orthopaedic services provided include: Major Joint Replacement (Ankle, Hip, Knee, Shoulder, Elbow and Wrist), Spinal Surgery, Primary Bone Tumour service, Paediatric orthopaedics and Sports injuries.

Zoë Kavanagh, CEO of the National Dairy Council says

"We are delighted to have the opportunity of working with one of the most prestigious centres of clinical excellence on bone health. We look forward to partnering with Cappagh on a number of activities this year including an educational booklet for patients and staff and a specialist symposium for healthcare professionals in the Autumn"

"The Cappagh Hospital Foundation is delighted to welcome the National Dairy Council as a collaborative partner on many joint educational and research projects. Both our organisations share a common goal of commitment to the nation's health and welfare. This coming together can only be progressive in encouraging a healthier lifestyle with life changing results" **said Shay Keany, Interim Chairman Cappagh Hospital Foundation.**

The NDC regularly promotes the importance of bone health and a balanced diet which provides adequate nutrients is essential for our bone health. About 99% of the body's calcium is found in our bones and teeth; milk, yogurt and cheese are among the best dietary sources of calcium as it is easily absorbed and used by the body.

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