

Keeping nutrition at the core of sustainable diets

Royal College of Physicians Ireland, 6 Kildare Street, Dublin 2
Thursday, 15th November 2018

With increasing awareness about global warming and the environmental impact of food production, many consumers are striving for a more sustainable diet. This symposium will present a scientific review of sustainable eating, with a focus on the challenges facing dietitians.

To register for this CPD event please email your name, job title, hospital/organisation and contact details to info@indi.ie

Agenda

5.45 pm **Arrival and Registration**
Canapé and Wine Reception

6.15 pm **Chairperson's Introduction**
Suzanne Campbell
Food and Farming Journalist

6.30 pm **Sustainability: why it is relevant to dietitians?**
Dr Aifric O'Sullivan
Lecturer in Nutrition, University College Dublin

7.00 pm **What are the key components to a sustainable diet?**
Dr Stephan Peters
Manager of Nutrition and Food Law, NZO, Netherlands

7.30 pm **Plant-based diets: opportunities, risks and dietetic observations**
Sarah Keogh
Consultant Dietitian with Eatwell

8.00 pm **Panel Discussion**

8.30 pm **Close**