

# Programme

Beyond nutrients:

## Health Effects of the Dairy Matrix

**Madrid - Spain - 3rd September 2018**

**12:30 to 13:30 - Room: N109-N110**

Within the framework of the ESPEN CONGRESS on Clinical Nutrition & Metabolism, the European Milk Forum is pleased to invite you to participate in the symposium "Beyond nutrients : health effects of the dairy matrix".

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[www.milknutritiousbynature.eu](http://www.milknutritiousbynature.eu)



European  
**Milk**  
Forum

Beyond nutrients:

# Health Effects of the Dairy Matrix

programme

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**Symposium - 3rd September 2018**

- 12:30 to 13:30 - Room: N109-N110

**Muscle mass maintenance:  
protein and physical activity**

Pr Luc van Loon - Maastricht University - The Netherlands

**Dairy matrix effects on T2 diabetes  
and cardiometabolic health?**

Pr Arne Astrup - University of Copenhagen – Denmark

Chaired by Dr Stephan Peters - Manager nutrition & food law - NZO - The Netherlands

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- 14:00 - Lunch with the speakers
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The planning and the detailed program will be sent soon  
Please send your answer to ....

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**ESPEN Congress :**

IFEMA - Feria de Madrid

Av. Partenon, 5

28042 Madrid



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